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## *SAM distributed a Free Hip Belt to Aged people*

SAM'S Executive Desk. 18th October. Social Action Movement under the wing of Social Assistance, they have distributed 40 hip belts to old aged people in Palmo's Aged home and Old Peoples' Home, Bylakuppe. The belt is specially made for those aged old people who have hip and back pain due to aged and it has been medically proven.



SAM thank to kids from Italy who have saved some amount for Aged old Tibetan living in Exile Tibetan settlement in India. These children would like to contribute together in future for such cause for homeless and aged people. SAM Executive Director Mr Namgyal Choephel would like to thank Tashi, Greta, Laura, Nicolo, Francesca, Tomasso and Dolma. He said that " it's not just a contribution but a source of inspiration to have a support from kids". He also added that they are planning to start medical assistance service to those aged people who are in need of help and assistance.

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## *Little about us*

We are group of young Tibetan wh  
Commerce, Political science and s

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information, modern education and  
agreed to work together to make c  
SAM which means Social Action M

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