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Talk on Adolescent, Reproductive & Sexual Health

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From SAM'S Education and Awareness wing Desk.

Bylakuppe, 14th, November, 2012. Under the program ARSH which stands for Adolescence, reproductive, sexual and health, the Government Hospital of Bylakuppe under its medical officer Dr. Gopinath has given a talk on adolescence and reproductive. He said that adolescence is the most vulnerable stage in human life, on this topic he shared length and breadth about the complication of physiological, emotional and psychological changes, and also about adolescence behaviours.



The participants are from representatives of CST Bylakuppe, CST CVP school, SOS TCV school, Bylakuppe Government High school, Manchadevanhalli primary school, SAM's representative and staffs of 1st camp Government hospital.

This program is initiated by central government of India, aiming to train teachers, field health officers and elected representatives who will disseminate the basic information about health care and health complication during this period to younger generations in their school and institutes. That's how, they can reach to youth as Dr. Gopinath has said that during adolescence period, where it's very important to impart the right information to face the physical, physiological, emotional and psychological difficulties. Adolescence manages their own lives rather than being completely under the control of their parents or guardians, they also become sexually mature and must deal with the tremendous challenges of sexuality and (possibly) reproduction. No other transition in life is as demanding as this period. As he stated that about 20 -25 crores i.e 1/5 of Indian population is in adolescence stage which according to psychologist, they are fragile, confused and rebellious.



According to Dr. Gopinath, due to lack of information and sex education, there is high risk of infections, early pregnancy, risk of sexually transmitted disease and other health issues. As per HIV cases in Bylakuppe, at present the hospital has 19 positive cases which is comparatively not so much as per fast trans migration of people and the population of 19,800 includes local Indian. However, he has said that Bylakuppe has more number of cases than any villages nearby. He has expressed that he will be available for any talk and guidance on the above issue where he believes that together

we can face the challenges, and also he said that best time to meet him from 15-16.00 hrs in the afternoon for individual counselling. Finally participants thank Mr. Gopinath for his initiative and interest shown towards the field of health. SNEHA PROGRAM: There is a program called 'SNEHA Clinic' (i.e Sneha means friendship) in the hospital on every Thursday between 15.00 – 16.30 where in ARSH are dealt with (i.e counselling & treatment)

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Little about us

We are group of young Tibetan who are active in Commerce, Political science and social information, modern education and agreed to work together to make change. SAM which means Social Action Movement.

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